



91 Tide Mill Road, Edmunds, Maine 04628

733-2551 ~ eatlocal@tidemillorganicfarm.com ~ www.tidemillorganicfarm.com

Name:
Contact: Telephone/Email:
Delivery Place/Time:

**May 13 - 20th, 2012!**

**All Products are Certified Organic. Grown and Raised on Tide Mill Farm, unless otherwise noted.**

**New and/or Sale Items are Noted in Yellow**

<b>Certified Organic, Maine Raised Produce...</b>	<b>Price/</b>	<b>Quantity</b>	<b>Amount Requested</b>
Produce Bag. A selection of fresh seasonal veggies (could include fresh greens! And potatoes, rutabega, etc.)	\$ 10.00	each	
Red Potatoes from Thibeau Farm	\$ 2.00	per lb	
Russet Potatoes from Thibideau Farm	\$ 2.00	per lb	
Rutabega from Nature's Circle Farm	\$ 2.00	per lb	

**Certified Organic Seedlings...It's early, still, but you may want to get these crops who can tolerate the cold in the ground**

**We recommend planting in a sheltered place and covering with remae.**

Lettuce, please specify red or green leaf, mixture of cut lettuces, or romaine	\$4.00	Plus Sales Tax per 6 pack	
Cabbage, please specify red or green	\$4.00	Plus Sales Tax per 6 pack	
Swiss Chard, please specify bright lights or fordhook green	\$4.00	Plus Sales Tax per 6 pack	
Collards	\$4.00	Plus Sales Tax per 6 pack	
Kale, please specify dino, red russian or winterbore	\$4.00	Plus Sales Tax per 6 pack	

**Certified Organic, Pasture Raised Cow Dairy**

Ricotta, Made by Garden Side Dairy with TMOF milk	\$ 6.50	per 1 lb	
Whole, raw milk in 1/2 Gallon Glass Ball Jars...Increase in price is to cover the expense of the jars	\$ 3.50	per 1/2 gallon	
Whole, Raw Milk (in a Recyclable plastic pint)	\$ 2.00	per pint	
Chocolate Milk in pints...whole, raw milk, organic dutch cocoa, organic evaporated cane juice	\$ 3.00	per pint	
Chocolate Milk in half gallons	\$ 6.00	per half gallon	
Whole, Raw Milk in Recyclable Plastic Gallon Jugs	\$ 6.00	/gallon	
Whole, raw milk in Recyclable Plastic 1/2 Gallon Jugs	\$ 3.50	per half gallon	

**From Tide Mill Creamery, a separate business on Tide Mill Farm and operated by Rachel Bell and Ethan Bien**

**The creamery uses certified organic milk from Tide Mill Organics but is not yet certified organic. Visit their website at:**

**<http://tidemillcreamery.wordpress.com/>. Or Call at 733-7533 or Email at tidemillcreamery@gmail.com**

Whole Milk Yogurt	\$ 6.00	per quart	
Low Fat Yogurt	\$ 6.00	per quart	
Greek Yogurt	\$ 6.00	per pint	
Fromage Blanc (please specify plain, sea salted, dreamy onion or green flame(spicy))	\$ 6.00	per 6 oz container	

**CERTIFIED ORGANIC EGGS! Raised at Long Cove Farm in Pembroke, these hens eat certified organic grain, actively graze on pasture during the growing season, and get to plenty of scratching, laying, roaming and roosting space.**

Certified Organic Eggs! Eating organic grains AND free ranging. Produced at Long Cove Farm in Pembroke	\$ 5.00	per dozen	
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**Certified Organic Meats. Our beef and pork are available as frozen cuts. Chicken is available fresh or frozen, please specify if you have a strong preference.**

**CHICKEN...FRESH BIRDS!!!!!!**

Whole Chickens, ~ 4.0 -4.5 lb birds	\$ 4.75	per lb	
Half Chickens, ~1.75 - 2.50 lbs per package	\$ 5.00	per lb	
Boneless, skinless breasts. One or two breast per package ~ .50-1.25 lbs***	\$ 11.00	per lb	
2011 Boneless, skinless breasts. One or two breast per package ~ .50-1.25 lbs***	\$ 10.00	per lb	
Whole breasts, One per package. ~1.5 - 2.5 lbs	\$ 9.00	per lb	
2011 Whole breasts, One per package. ~1.5 - 2.5 lbs	\$ 8.00	per lb	
BULK Drumsticks, around 12-15 drumsticks, ~ 5 lbs	\$ 3.00	per lb	
Drumsticks, 6 per package, ~2.00 - 2.50 lbs	\$ 4.75	per lb	
Chicken Thighs, 2 per package, ~1.00 lbs	\$ 6.00	per lb	
Wings, 12 per package, ~2.0 - 3.00 lbs	\$ 4.75	per lb	
2011 Wings, 12 per package, ~2.0 - 3.00 lbs	\$ 4.00	per lb	
2011 Backs, 4 per package, ~ 4.00 lbs	\$ 1.00	per lb	
Chicken Necks	\$ 2.50	per lb	
Chicken Hearts ~ 1.00 lb packages	\$ 5.00	per lb	
Chicken Liver ~ 1.00 lb packages....	\$ 5.00	per lb	

<b>BEEF</b>			
Ground beef, ~ 1 lb packages	\$ 5.75	per lb	
Stew meat, ~1 lb packages	\$ 7.00	per lb	
Tenderloin Steaks, ~ .40 lb packages, 1 per package	\$ 18.00	per lb	
Ribeye Steaks....~.70 lbs per pkg, 1 steak per package	\$ 16.00	per lb	
Strip Steaks....2" thick!, ~.80 lbs, 1 per package	\$ 17.00	per lb	
NY Sirloin Steaks, ~1.40 lbs, 1 per package	\$ 12.00	per lb	
Sirloin Tip Steaks, ~1.25 lbs, 1 per package	\$ 12.00	per lb	
<b>Beef Liver, ~1 lb packages...SALE</b>	<b>\$ 3.00</b>	<b>per lb</b>	
Beef Tongue, ~1.41 lbs per package, 1 per package	\$ 4.00	per lb	
Beef Heart, ~3-4 lbs, 1 per package	\$ 4.00	per lb	
Beef Roasts, Eye of Round, Chuck Roast, Sirloin Roast, Sirloin Tip Roast	\$ 7.00	per lb	
Short Ribs, ~75-1.25 lbs per package, 2-4 ribs per package	\$ 7.00	per lb	
Bulk Beef Bones (LARGE bones with little meat)	\$ 1.00	per lb	

<b>PORK</b>			
Ground pork, ~1 lb packages	\$ 8.00	per lb	
Pork Sausage...(please specify Hot, Chirizo or Garlic) ~ 1 lb packages	\$ 9.00	per lb	
Pork Chops, ~1.5- 2.0 lbs per package, 2 per package (THICK, ~ 2" available upon request)	\$ 9.00	per lb	
Boneless pork chops, .50-.80 lbs per package, 2 per package	\$ 10.00	per lb	
Pork Rack of Ribs, ~1 lb per package, 1/2 rack	\$ 7.00	per lb	
Pork Shoulder Roast, ~4 lbs per package	\$ 7.00	per lb	
Pork Loin Roast, ~ 3.25 lbs per package	\$ 9.00	per lb	
Pork Boneless Loin Roast, ~2.5 - 3.0 lbs per package	\$ 10.00	per lb	
Pork Tenderloin, about 1 lb strips	\$ 18.00	per lb	
Pork Steaks (great for stirfrys, kabobs, etc), ~1.25 per steak, 1 per package	\$ 7.00	per lb	
Pork Country Ribs	\$ 8.50	per lb	
Nitrate-free Smoked Bone-in Ham Roasts, ~4-6 lbs per ham	\$ 9.00	per lb	
Nitrate-free Smoked Ham Steaks, ~1.25 lbs per package	\$ 9.00	per lb	
Nitrate-free Smoked Bacon, ~1 lb package	\$ 11.00	per lb	
Canadian Bacon, .50-.80 lb packages	\$ 16.00	per lb	
Nitrate-free Smoked Ham Hocks, ~1.50 lbs per package	\$ 4.00	per lb	
Nitrate-free Smoked Bacon Ends, ~50 lbs per package	\$ 6.00	per lb	
Leaf lard, ~1.25 lbs per package	\$ 4.00	per lb	
Fat Back...packaged in 15 lb packages or 3 lb packages	\$ 1.25	per lb	

<b>Accessories...From us and other local businesses, please see the website for pictures and more information</b>			
<b>Tide Mill Organic Farm Mug...</b> a beautiful, large, sturdy coffee or tea mug!	\$ 10.50	each	
<b>Autumn Harvest Salami</b> , a fermented, smoked, ready to eat salami. ~ .80 lb pieces	\$ 20.00	each	
<b>Tide Mill Tote Bag</b> , 13"x 16" Canvas Natural Tote, Made in the USA, printed in Brewer, ME	\$ 14.00	each	
<b>Maine Sea Salt</b> , Sea salt crystals in a convenient salt grinder. 4-oz.	\$ 6.00	each	
<b>8 Herb Tea</b> , made by Herbminders of Maine in Trescott, 24 tea bags	\$ 6.00	each	
<b>Meet Your Farmer DVD, a beautifully done film</b> featuring 6 Maine farmers (including Tide Mill Farm)	\$ 15.00	each	
<b>Farmer's Sun</b> , a 3.5 oz bar of moisturizing <b>soap</b> made with Tide Mill Farm's organic cow's milk, Saponified olive, coconut, vegetable oils. Jojoba. Essential oils of Lemongrass and Lavender. Cornmeal added. - Rainmaker Soaps	\$ 4.00	each	
<b>Mocha Moo-n</b> , a 3.5 oz bar of moisturizing <b>soap</b> made with Tide Mill Farm's organic cow's milk, Saponified olive, coconut, vegetable oils. Jojoba. Essential oils including vanilla. Organic cocoa added.for color - Rainmaker Soaps	\$ 4.00	each	